

Iowa State Profile: Fresh Fruit and Vegetable Program

Congress founded the Fresh Fruit and Vegetable Program (FFVP) in 2002 to expose low income elementary students to a wider variety of fresh fruits and vegetables. The program is overwhelmingly popular with schools, parents, and students – and extensive evaluation has shown that the program can reduce obesity rates and increase consumption both within the snack program and at school lunch.

Today, 7,600 schools reaching four million students participate in FFVP!

2018-2019 School Year

Number of Schools	School District
1	Bettendorf
7	Cedar Rapids
1	Cedar Valley Catholic
2	Central Decatur
8	Council Bluffs
7	Davenport
2	Denison
28	Des Moines
5	Dubuque
1	Eagle Grove
5	Fort Dodge
1	Hampton Dumont
1	Holy Family
1	Holy Family System
5	Iowa City
2	Keokuk
1	Knoxville
7	Marshalltown
2	Mason City
1	Muscatine
1	Newton
4	Ottumwa
1	Perry
1	Pocahontas
1	Postville
2	Red Oak
1	Saydel
9	Sioux City
1	Storm Lake
7	Waterloo
1	West Des Moines

