

# Fresh Fruit & Vegetable Grant Menu

Antioch Unified School District Nutrition Services Department

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day	9/2	9/3	9/4	9/5
Belshaw: 650 Fremont: 600	Nectarine	Apple Grins	Sugar Snap Peas	Watermelon
9/8	9/9	9/10	9/11	9/12
Bag of Carrots	Pear	Jicama	Orange Smiles	Lunch Bunch Grapes
9/15	9/16	9/17	9/18	9/19
Daikon Coins	Pineapple Pals	Apple Grins	Zucchini Sticks	Nectarine
9/22	9/23	9/24	9/25	9/26
Pear	Broccoli/Cauliflower	Grape Giggles	Plums	Petite Banana
9/29	9/30			
Pineapple Pals	Plouts			

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October 2008

Monday	Tuesday	Wednesday	Thursday	Friday
		10/1	10/2	10/3
Belshaw: 680 Fremont: 620		Apple Grins	Sugar Snap Peas.	Strawberries
10/6	10/7	10/8	10/9	10/10
Bag of Carrots	Pear	Jicama	Apple, Fuji	Lunch Bunch Grapes
10/13	10/14	10/15	10/16	10/17
Daikon Coins	Cherry Tomatoes	Apple Grins	Zucchini Sticks.	Nectarine.
10/20	10/21	10/22	10/23	10/24
Pear	Broccoli/Cauliflower	Grape Giggles	Apple, Gala	Petite Banana
10/27	10/28	10/29	10/30	10/31
Cherry Tomatoes	Pineapple Pals	Orange Smiles.	Sugar Snap Peas	Apple Slices